

# Fast Facts

## Nature's Own<sup>™</sup> Zinc + C Natural Orange Flavour

0402: 60 Tablets

0403: 125 Tablets



### Needs:

A natural alternative to over the counter cold medications  
A convenient way to reduce cold symptoms

### Features:

Tasty, chewable tablet

### Recommended adult dosage:

Chew two tablets twice daily with food or as advised by your healthcare professional.

### Benefits:

A convenient chewable product to help reduce the severity of cold symptoms  
Improved wound healing  
Zinc and Vitamin C help maintain a healthy immune system

### Did You Know That...

- Vitamin C helps maintain healthy skin and promotes the healing of wounds
- Maximum Vitamin C absorption is obtained by taking spaced doses throughout the day rather than taking a single mega-dose
- Zinc is an essential trace mineral
- Zinc is a part of over 200 metalloenzymes and is involved in protein synthesis
- The elderly may require additional zinc

### Customer Profile:

- This customer may come in asking for cold medications or something to assist with cold symptoms
- They may have symptoms of a cold such as a runny nose, sore throat or cough
- Another customer may seek assistance for maintaining healthy skin or assistance with wound healing

### Complementary Companions:

- Nature's Own<sup>™</sup> Triple Strength Garlic + C & Horseradish Fenugreek & Marshmallow (0738/0739) for symptomatic relief of mild upper respiratory tract infections
- Over the counter medications for the Common Cold Throat Lozenges

### Contents:

Zinc Gluconate	45mg
Equiv. to elemental Zinc	6.5mg
Vitamin C (Ascorbic Acid)	250mg
Derived from Sodium Ascorbate and Ascorbic Acid	112.5mg 150mg

### Cautions:

Contains zinc, which may be dangerous when taken in large amounts or for a long period.

All Nature's Own<sup>™</sup> products are manufactured under pharmaceutical standards of Good Manufacturing Practice, with all product claims being validated to meet industry standards. It is the combination of modern research, traditional knowledge and state of the art technology that makes the Nature's Own<sup>™</sup> range a great way to put your health first, naturally.

If you have any questions our qualified health consultants are ready to help. Please call our Healthline toll free on 1800 777 889.

Always read the label. Use only as directed. If symptoms persist, consult your healthcare professional.  
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