

# Fast Facts

## Nature's Own<sup>™</sup> Sugarless C 500mg

0279: 400 Tablets

### Needs:

- Assistance with immunity
- Help with reducing the duration, severity and symptoms of colds, allergies and hayfever
- A product to assist with wound healing
- A general everyday antioxidant

### Features:

- Natural Orange Flavour – no artificial flavours
- Chewable tablets
- Sugarless

### Recommended adult dosage:

Chew 2 tablets daily or as recommended by your healthcare professional.

### Benefits:

- Relief and reduction in the severity and duration of the symptoms of colds
- Symptomatic relief of mild upper respiratory tract infections
- Relief from the symptoms of allergies, hayfever and rhinitis
- Assists wound healing and tissue repair



### Customer Profile:

- This customer may come in asking for a product to support immune function
- They may have symptoms of a cold such as a runny nose, cough and sore throat
- They may have difficulty swallowing and want a chewable tablet

### Complementary Companions:

- Nature's Own<sup>™</sup> Triple Strength Garlic + C, Horseradish Fenugreek & Marshmallow (0738/0739) for relieving symptoms of mild upper respiratory tract infections and allergies
- Nature's Own<sup>™</sup> Vitamin E (0338/0339/0340) for assisting wound healing and antioxidant benefits

### Contents:

<b>Total Ascorbic Acid</b> (from Ascorbic Acid 265mg and Sodium Ascorbate 267mg)	500mg
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### Did You Know That...

- Humans cannot synthesise their own Vitamin C which makes us completely dependent on our diet for our daily intake of this water soluble vitamin
- Vitamin C cannot be efficiently stored in our body tissues therefore it is essential that we continue to replace what is used up in normal daily processes
- Vitamin C can easily be lost or destroyed in cooking, processing and transport of food
- Vitamin C plays an important role in the synthesis of collagen which is essential during growth and for the maintenance of healthy bones, skin and connective tissue (such as cartilage)
- People who might benefit from additional vitamin C include smokers, the elderly and anyone recovering from recent illnesses
- Vitamin C helps to maintain healthy gums so is important for oral health

All Nature's Own<sup>™</sup> products are manufactured under the principles of Good Manufacturing Practice, with all product claims being supported by evidence. It is the combination of modern research, traditional knowledge and state of the art technology that makes the Nature's Own<sup>™</sup> range a great way to put your health first, naturally.

If you have any questions our qualified health consultants are ready to help. Please call our Healthline toll free on 1800 777 889 (NZ residents call 0800 445 365).

Always read the label. Use only as directed. If symptoms persist, consult your healthcare professional.

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